

Weeks 6 Supplement

Write down in the left boxes things where Jesus has set you free. These may be:

1. more broad and generic things such as fear or guilt or unworthiness or risk aversion
2. more specific and defined things unique to you such as fear of what people think or the need to be in control of every situation or anxiety in large crowds or an addiction or unforgiveness towards someone ...
3. Write down in the right arrow the positive consequences of this freedom for loving God and loving your neighbour. (*Eg Freedom from the need to be in control -> stepping out in faith to follow God's leading and serving people I don't know yet.*)

